

**Special Dietary Needs Form**

This form is required as per the USDA, when a Judson ISD student has special dietary needs. This form **MUST** be completed and signed by a **Licensed Physician, Physician’s Assistant, or Advanced Nurse Practitioner** to be valid. No other forms will be accepted.

1. Student Name: \_\_\_\_\_

2. Date of Birth: \_\_\_\_\_

3. School: \_\_\_\_\_

4. Grade: \_\_\_\_\_

5. Does the student have a disability? Yes\_\_\_ No\_\_\_

*Under section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and the ADA Amendments Act of 2008, a “person with a disability” is any person who has a physical or mental impairment that substantially limits one or more major life activities, has a record of such an impairment or is regarded as having such impairment.*

6. If the student has a disability, please check the major life activities affected by the disability.

Breathing\_\_\_; Eating\_\_\_; Hearing\_\_\_; Learning\_\_\_; Seeing\_\_\_; Speaking\_\_\_; Walking\_\_\_;

Performing manual tasks\_\_\_; Caring for one’s self\_\_\_

7. Please state the disability or medical condition and why it requires special meal accommodation:

\_\_\_\_\_  
\_\_\_\_\_

*USDA regulations require substitutions or modifications to school meals for students whose disability restricts their diet.*

*The Child Nutrition Department will make reasonable accommodations for students that have dietary restrictions that are non-life-threatening or not reported by a physician as a disability on a case-by-case basis.*

*The Child Nutrition Department will not make menu accommodations based on religious or food preferences.*

**Diet Prescription**

1. Check the food allergen(s) to be omitted from the student's diet, and the degree of restriction. Most common food allergens are wheat, soy, seafood, peanut/tree-nut, shell-fish, milk, and egg. There is additional space for dietary restrictions not listed.

Allergen	Degree of Diet Restriction
<input type="radio"/> <b>Peanut</b> <input type="radio"/> <b>Tree nut</b> Common School Items- PB&J, Honeynut Cheerios, some prepackaged snack items	<input type="radio"/> Restrict nut containing foods
<input type="radio"/> <b>Milk Protein Allergy (not lactose-intolerance)</b> Common School Items- Fluid milk, cheese, yogurt, , some entrees, some sides, some condiments/sauces	<input type="radio"/> Restrict fluid milk, all dairy products, and foods with milk as an ingredient <input type="radio"/> Other _____
<input type="radio"/> <b>Lactose Intolerance</b> Common School Items- Fluid milk, cheese, yogurt	<input type="radio"/> Offer lactose-free fluid milk. Other dairy foods allowed  <input type="radio"/> Offer lactose-free fluid milk, also restrict other dairy foods (cheese, yogurt)
<input type="radio"/> <b>Egg</b> Common School Items- Scrambled whole eggs, eggs as an ingredient	<input type="radio"/> Restrict whole eggs only (allow eggs baked in as ingredient) <input type="radio"/> Restrict all egg as an ingredient containing foods
<input type="radio"/> <b>Seafood/ Shellfish</b> Common School Items- Fish	<input type="radio"/> Restrict all seafood/shellfish containing foods
<input type="radio"/> <b>Soy</b> Common School Items- Soy Oil/Soy Protein-most menu items contain some form of soy	<input type="radio"/> Restrict all food items containing a form of soy <input type="radio"/> Other _____
<input type="radio"/> <b>Wheat (Wheat, Barley, Rye, Oats)</b> Common School Items- Most entrees, some sides, some sauces/condiments	<input type="radio"/> Restrict all wheat, barley, rye, and oats as an ingredient containing foods
<input type="radio"/> <b>Other food accommodations:</b>	Suggested Accommodation (Suggested accommodation may not be available)
<b>Indicate any mechanical texture modification</b>	<input type="radio"/> <b>None</b> <input type="radio"/> <b>Chopped</b> <input type="radio"/> <b>Ground</b> <input type="radio"/> <b>Puree</b> <input type="radio"/> <b>Liquid</b>  <input type="radio"/> <b>All foods</b> <input type="radio"/> <b>Other:</b> _____

Duration of diet prescription: \_\_\_\_\_



**Special Dietary Needs Form**

**Parent/Guardian Printed Name:** \_\_\_\_\_

**Parent Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Guardian Phone/ Email Contact:** \_\_\_\_\_

\*Required

**\*Medical Authority Printed Name:** \_\_\_\_\_

**\*Medical Authority Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**\*Medical Authority Phone Number:** \_\_\_\_\_

Please provide one copy of this form to the school nurse and one copy to:

**Judson ISD Child Nutrition Services**

**210 School Street**

**Converse, TX 78109**

**Office: (210) 945-6720**

**Fax: (210) 945-6988**

**USDA Non-Discrimination Statement**

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.

De acuerdo con la ley federal y las políticas del Departamento de Agricultura de los EE.UU. (USDA, sigla en inglés), se le prohíbe a esta institución que discrimine por razón de raza, color, origen, sexo, edad, o discapacidad. Para presentar una queja sobre discriminación, escriba a USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410, o llame gratis al (866) 632-9992 (voz). Personas con discapacidad auditiva o del habla pueden contactar con USDA por medio del Servicio Federal de Relevos (Federal Relay Service) al (800) 845-6136 (español) o (800) 877-8339 (inglés). USDA es un proveedor y empleador que ofrece oportunidad igual para todos.